

Keeping warm keeps you well

No one wants a cold home, but it can be hard to keep warm.

Being too cold in your home can cause health problems including bad chests, heart conditions and poor blood circulation.

If you are struggling with a cold home, Hitting the Cold Spots advisors are here to help.

Contact us:

T: **0800 804 8601** Monday to Friday, 9am - 5pm

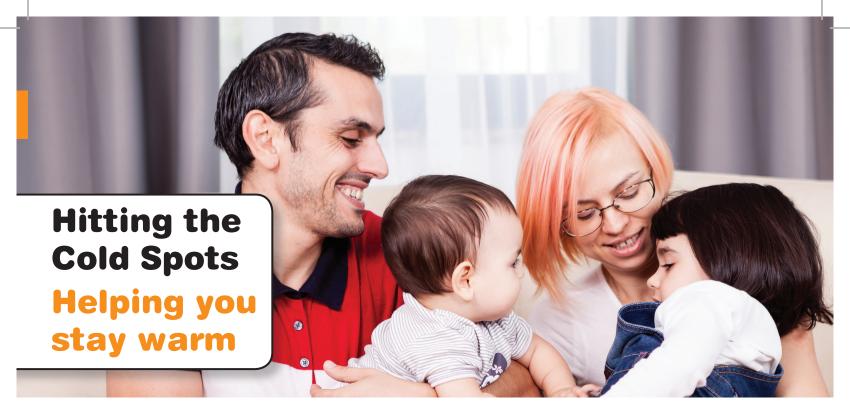
E: staywarm@environmentcentre.com

W: www.hants.gov.uk/cold-spots

The advice line is open to all Hampshire residents. Some services have eligibility criteria. Our advisors can discuss the best possible solution for you.







Bringing up a young family and paying the bills can be tough

Are you struggling to keep your home warm?

Being able to keep warm is vital for everyone but particularly for the very young.

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